



RIDGECREST  
HERBALS®



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NO ANIMAL  
PRODUCTS

SALES INFO | EPICBRAIN™

# SUPPORT FOR FOCUS & MEMORY

60ct



## Supplement Facts

Serving size 2 capsules

Servings per container 30

	AMOUNT PER SERVING
Creatine Monohydrate	500 mg
<b>Mushroom Complex (250 mg/cap):</b>	500 mg
Lion's Mane ( <i>Hericium erinaceus</i> ) (fruiting body) Extract 10:1, Reishi ( <i>Ganoderma lucidum</i> ) (fruiting body) Extract 10:1, Turkey Tail ( <i>Trametes versicolor</i> ) (fruiting body) Extract 10:1	
<b>EpicBrain™ Herbal Complex</b> <b>(160 mg/cap):</b>	320 mg
Butterfly pea (flower), Gotu Kola (whole plant), Rosemary Extract (10% Rosmarinic Acid)	

† Daily Value (DV) not established

**Other ingredients:** Hypromellose vegetable capsule, silicon dioxide

**SUGGESTED USE:** Adults and children age 12+, take 2 capsules daily with a full glass of water.

Dose may be adjusted for individual needs, during times of high cognitive demand, or as needed for memory and focus support. Benefits build over time.\*

As with any supplement, **if you are pregnant, nursing, taking medication, have a medical condition, or have difficulty swallowing**, consult your doctor before use. **Keep out of reach of children.** Do not use if safety seal around cap is broken or missing. Capsule size "00."

Store in a cool, dry place, out of direct sunlight.

**MADE WITHOUT:** animal products, artificial colors, dairy, gluten, magnesium stearate, nuts, artificial preservatives, sesame, soy, wheat, or yeast. Not produced with genetic engineering.

Stimulant-free



LDC: 250717



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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## EPICBRAIN™ TARGET CUSTOMER:

Adults of all ages seeking natural cognitive support in today's demanding world. From students and busy professionals to active seniors, they want to maintain mental sharpness without stimulants. They value quality supplements, prefer natural ingredients, and understand that brain health is essential for overall wellness and daily performance.

Epic Brain combines mushrooms, herbs, and creatine to support memory, focus, and clarity—without stimulants. This unique blend works synergistically to help maintain healthy brain cells, support natural energy metabolism, and promote overall cognitive function. Whether used daily or during demanding times, Epic Brain can be taken in a range of 2-8 capsules daily, depending on your personal preference. It provides comprehensive brain nutrition designed to work in harmony with your body.

RETAILER  
EDUCATION  
SPOTLIGHT

NEW  
PRODUCT!



## LET'S TALK INGREDIENTS:

### Herbs that work together

**Creatine:** Creatine helps support the brain's natural energy metabolism by contributing to the recycling of ATP, the body's primary energy molecule. It acts as a reserve source of phosphate groups, helping the body regenerate ATP during times of increased energy demand. This nutritional role supports healthy cognitive function and overall brain energy balance.

**Lion's Mane Mushroom Extract (300mg equivalent to 3000mg):** provides naturally occurring compounds that help support brain health. Traditionally used to promote overall wellness, Lion's Mane has been studied for its potential to support memory, focus, and cognitive function. It also provides antioxidant support, helping to maintain healthy cells and normal energy metabolism in the brain.

**Reishi Mushroom Extract (100mg)** has been traditionally used to support overall wellness. It contains naturally occurring polysaccharides, triterpenoids, and peptidoglycans that help maintain healthy cells and provide antioxidant support. Reishi also supports relaxation and resilience, aligning with emerging research on the gut-brain axis—the connection between digestive health and cognitive balance.

**Turkey Tail Mushroom Extract (100mg)** provides naturally occurring polysaccharides like polysaccharide K and polysaclopeptide that help maintain healthy cells. These compounds also act as dietary fibers that support the growth of beneficial gut bacteria, promoting a balanced digestive environment. Because digestive health is closely linked to overall wellness, Turkey Tail is included in Epic Brain to help support the gut-brain connection, mood, relaxation, and overall cognitive health.

**Butterfly Pea Flower (75mg)** provides naturally occurring anthocyanins, flavonoids, and alkaloids with antioxidant properties that help protect healthy cells from normal oxidative stress. These plant compounds support overall brain health by helping to maintain cellular function and cognitive performance. Butterfly Pea Flower is included in Epic Brain to help support memory, focus, and mental clarity.

**Gotu Kola (150mg)** supports memory, mental clarity, energy, and focus through compounds that promote normal neuron growth and brain-derived neurotrophic factor (BDNF). A traditional herb that sustains optimal cognitive function and mental energy while supporting the brain's natural ability to form new neural connections.